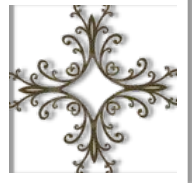




# Wedding Superstitions

or, It's better to be safe than sorry



Weddings have always been an incredible opportunity to begin your lives together. But like all long standing occasions, a multitude of superstitions have grown with the institution. We've compiled a list of some of our favorites and if we've missed any, send us an email and we'll give you credit on our website.

According to English folklore, Saturday, the most popular American choice, is the unluckiest day to marry!

To practice writing your new name prior to the wedding is believed to tempt fate and resulting in

bad luck during the marriage!

Seeing a lamb, frog, spider, black cat, or rainbows on the way to the ceremony is believed to be a sign of good luck!

It is believed to be bad luck for the bride to wear her complete outfit before the wedding day. To escape this, some brides leave a final stitch on the dress undone until the day of the wedding for good luck.

The choice of putting the ring on the 4th finger is because it has a vein that goes directly to the heart.



## NOT ALL SUPERSTITIONS ARE BAD



The bride is supposed to have all of her bridesmaids sign the bottom of her shoe before the wedding. At the end of the reception, the bridesmaid whose name is worn off the most is the next to marry.

The tradition of having members of the wedding party dress alike was started with the hopes that this would cause confusion for the spirits and send them on their way.

In old England it was traditional to bake a ring into the wedding cake as a symbol of bliss and happiness. The guest whose piece of cake contained the ring, it was said, could look forward to a full year of uninterrupted happiness.

It is believed that an unmarried male guest who keeps a piece of wedding cake under his pillow as he sleeps will increase his chances of finding a mate. An unmarried bridesmaid who does the same will dream of her future husband.

Superstition has it that if there is a full moon 1-2 days before the wedding, then your married life will be filled with luck and good fortune.